



The Bell Tower Bulletin

QUILTING FOR LIFE

Information Systems and Services is home to a celebrity!

Elizabeth Settle was recently spotlighted in both *The Elyria Chronicle Telegram* and *The Lorain Morning Journal* just for doing something she loves to do - making a quilt. But her quilt is a very special one, because it commemorates the life-saving properties of donating blood. Liz used some T-shirts she received when she gave blood and some that she received as donations from LifeShare, the blood bank of Lorain County. After taking a T-shirt quilting class at Quilts and Kreation in South Amherst, she put her first quilt together very quickly. So far, Liz has made two LifeShare quilts and is working on a third.

Liz was inspired to make the quilts, because her life was saved by blood donors during a medical crisis at the birth of her second child. Without the blood donors who made her transfusion possible, she would not be here, so she decided to give back something to the organization that helped to save her life. Liz says that “this (the quilt-making) was really a part of my healing process.” It didn’t help her to forget about the past, but she says that now “I don’t need to be scared of it.” Her husband, Jonathon, supports her hobby and encourages her to be creative.



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Liz's quilts were displayed at the recent "Thanks-4-Giving" Blood Drive and Public Education Forum that was held at the Spitzer Conference Center in November. There was food, entertainment, massages (for donors), prizes, and exhibitors all under one roof. The college is always hosting a blood drive in the CC Mall, but the one at Spitzer is the big annual affair that brings people out to donate blood. Liz has since recovered from her ordeal and is quickly working to finish the third quilt.

MEET YOUR STAFF COUNCIL REPRESENTATIVE by Barb Armstrong

Gina Maxwell is the Staff Council Executive Committee Representative for Group 12. When she is not being a representative, she is working in Health Physical Education and Recreation as an Administrative Associate. Gina feels that the role of SCEC is to "represent the LCCC staff community in various college initiatives and provide an opportunity for concerns and/or ideas to be shared and addressed."



She was elected in 2007 and her term will end in two years. On a more personal note, Gina has been employed here at the college for over 15 years. She met her husband, Steve, at LCCC and their son attended the Early Childhood Education Lab School and the summer daycare program. So when she says that "LCCC feels like home to me," she really means it! Gina received her Associate of Arts Degree in 1990 and has been a volunteer at yearly events, such as the Student Life Campus Picnic, Family Fest, and SCEC Spring Break. Her priority in SCEC is "to represent the concerns and ideas of my constituents of Group 12." You can reach her in the HPER office, PE104, at extension 7598, or at her email address (rmaxwell@lorainccc.edu).

QUESTION OF THE MONTH Compiled by Peggy Nesbit

Are you planning on traveling for the holidays and, if so, where?

My husband and I are going to travel just prior to Christmas. Our oldest daughter lives in Arlington, TX and is waiting for a new baby daughter to be born any day now. The minute we hear anything...we'll jump in the car and spend a week or so with Cheri and her husband, and the baby's three year old brother Clyde.

Rita C. Pullen, Business Division

I am going to Houston, Texas to visit my daughter, son-in-law, and the three grandsons. I go every year after Christmas Day and stay through the New Year Holiday.

Barb Armstrong, IS&S

Traditionally, every December 31st, my husband, son, I and our two dogs hold a slumber party in the living room. The five of us drag out our sleeping bags (Max and Daisy prefer their beds), a selection of DVD's, a variety of munchies, and wine and/or grape juice to toast in the New Year. We don't have to go out into the cold. We can just sit back, relax and enjoy each others company.

Mary Karleskint, Faculty Senate Office

My husband & I are planning a trip to Blairsville, PA. It may not be a long distance, but when we are away from our children it may as well be across the world.

Lynne Mendlik, Business Division

I'm going to Bergen in Norway.

Kwaku Obosu-Mensah, Social Sciences/Human Services Division

I will be going to England for Christmas. My wife (who is from England) and I will be spending just under 4 weeks there.

Adam Loring, Campus Services

This year Steve and I took two weeks off. We are planning on driving to Denver, Colorado for Christmas to visit a friend for a few days and New Year's in Texas with another friend. It will be cool as I had never been in Denver before. Lots of driving.

Usually we have Christmas Eve with my parents here in Lorain and spend Christmas Day with Steve's family in Ashtabula but this year we wanted to do something different.

Diane Nott, IS&S

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Computer Tips

Submitted by Diane Nott

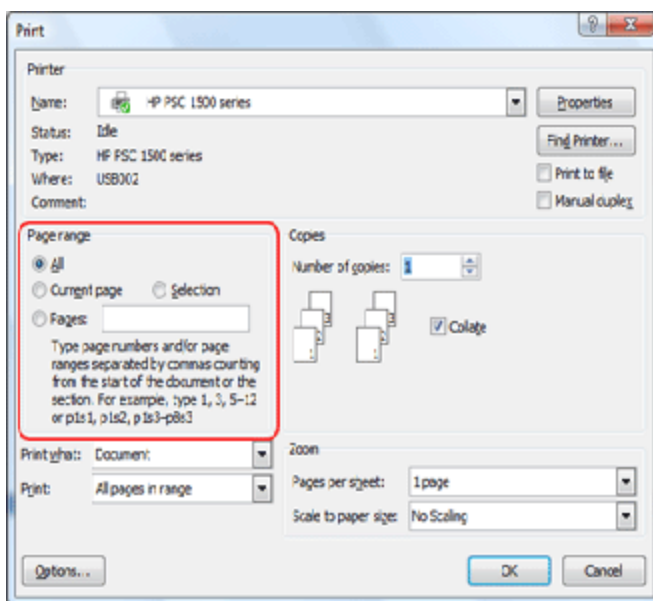
Don't Print the Whole File!

Have you ever accidentally printed out that big file when you only wanted one or two pages? Have you ever found yourself trying to print only a few pages of a long file? Maybe you only made changes to one page and you just need that one, not the other 42.

Sound like a familiar situation? If your answer is yes, here's the solution to your problems!

The next time you go to print your project and you only need a portion of the file, use either the **File** menu, **Print** choice (**Office Button**, **Print** choice in Word 2007) or **Ctrl + P** in all versions. (The printer button usually just prints the whole file, with no options, so using that won't help you here). Now, take a good look at the Print window.

See the section on the left, in the bottom/middle area?



Maybe you do have an option after all!

By default, the **All** choice is selected.

- To only print the page that currently contains the cursor, select **Current Page** and then click **OK**.
- To print an already highlighted section of the document, choose the **Selection** option and click **OK**.
- To print several non-consecutive pages, select the **Pages** option and **list the page numbers, separated by commas** in the field. For example, to print pages one, three and seven, you would type 1, 3, 7 in the Pages field and then click **OK**.

- To print a range of pages, select the **Pages** option and **type the first page to be printed, then a hyphen and then the last page to be printed** in the field. For example, to print pages two through seven, you would type 2-7 in the Pages field and then click **OK**.

- The Page field box will also let you mix the non-consecutive method with the range of pages. For example, to print pages three, seven through nine and 12, simply type 3, 7-9, 12 in the Pages field and click **OK**.

Voila! Print what you want and only what you want.

Source: worldstart.com

DECEMBER HOLIDAYS

National Poinsettia Day is December 12. It was declared so by Congress in the mid 1800's to honor Joel Roberts Poinsett who was the first U. S. ambassador to Mexico. He brought the flowering plant back to his plantation in 1828, where he started growing them to give as gifts for the Holiday season. According to Mexican folklore, a poor little girl had nothing to bring to Church on Christmas, so she picked some plants that grew by the side of the road. When she got to the Church, the leaves miraculously turned red and the poinsettia was born. Today the poinsettia is mainly grown in California, with a whopping 27 million pots grown each year.

National Cotton Candy Day is December 7. No one is really sure who invented cotton candy. John Wharton and William Morrison created the first cotton candy machine which they took to the World's Fair in 1904. However, in 1900 Thomas Patton used a gas-fired rotating plate to spin cotton candy threads, which he introduced at the Ringly Brothers Circus. In 1949 a more reliable cotton candy machine helped to make this candy a favorite summer time treat. Cotton candy was originally called fairy floss and contains only one ingredient - sugar.

Posadas Week is December 16-24. In Mexico, Posadas is a very popular event. It is celebrated in villages during the week before Christmas by getting together at a different home every night. The people of the village are led by a small child dressed as an angel. The child leads the group to the house where the party is being held that night. Half the group goes inside, the other half stays out and begs for shelter (posada means shelter or lodging in Spanish). This procession symbolizes Mary and Joseph asking for lodging in Bethlehem. The group is brought inside and the party begins with plenty of food and drink. A piñata shaped like a star is the highlight of the party for the children.

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Wacky WeView

by Paul and Barb

Here are some Holiday jokes to help get you in a cheerful mood for the season.

What do reindeer always say before telling you a joke?

This one will “sleigh” you.

What do you get when you cross an archer with a gift wrapper?

Ribbon Hood.

What’s red and white and gives presents to gazelles?

Santelope.

What kind of pine has the sharpest needles?

A porcupine.

What happened when Santa’s cat swallowed a ball of yarn?

She had mittens.

Barb: Not yarn balls?

Who is never hungry at Christmas?

The turkey - he’s always stuffed.

What is the elves favorite ride at Disney World?

It’s a Small World.

What do reindeer hang on their Christmas trees?

Horn-aments.

Who sings “Blue Christmas” and makes toy guitars?

Elfis.

Groan!

What do you give a reindeer with an upset stomach?

Elk-a-seltzer.

What do you call Santa’s helpers?

Subordinate Clauses.

Barb: I’ve heard that one before!

Paul: Aren’t you sorry you started this?

What do snowmen wear on their heads?

Ice caps.

What’s the first thing elves learn in school?

The elf-abet.

Where do snowmen go to dance?

Snowballs.

If athletes get athletes foot, what do astronauts get?

Missletoe.

Barb: Are we almost done?

Paul: I’ve got lots more.

What do you get if you cross an apple with a Christmas tree?

A pineapple.

What did the guest sing at the Eskimo’s Christmas party?

Freeze a jolly good fellow.

Why were Santa’s helpers depressed?

Because they had low elf esteem.

And finally a thought to get you through the holidays:

**STRESSED is simply
DESSERTS spelled backward.**

QUICK MOVIE REVIEW

by Barb Armstrong

August Rush: *Once again, I only had time to see one movie, but this is the movie to see this holiday season, if you are picking one.*

The story is about a young orphan boy, played by Freddie Highmore, who lives in an orphanage and has an incredible talent for music, even though he has never played an instrument in his life. August, prompted by music that he constantly hears in his mind, runs away from the orphanage and joins a gang of young homeless children who live in an abandoned theater. They panhandle on the streets of New York City and bring the money back to their Fagin-like benefactor called Wizard, played by Robin Williams. Wizard is the one who christens the boy August Rush and makes the young orphan his star performer on the streets of New York. Luck catches up with August and he is discovered, sent to the Julliard School of Music and is preparing to conduct his first rhapsody with the school orchestra. This is one story line. The other story line in the movie is about his mother, Lyla Novacek, played by Keri Russell. She is a concert cellist and travels the world with her father whose only job is to promote his daughter in as many musical performances as possible. She meets a young rock star from Ireland, Louis Connelly, played by Jonathon Rhys Meyers. They instantly fall in love and Lyla finds that she is pregnant. Obligations tear them away from each other and they eventually lead their separate, but lonely lives. Just about the time of her delivery, she is involved in a car accident and finds herself in the hospital, where her father, deeming it in her best interest, tells her the baby died. After that the story deals with the sometimes eerie pull that the three of them have on each other, musically speaking.

Note: A very good family movie with a great ending.

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Four Quick Tips for Trimming Down Your Outlook Mailbox submitted by Larry O'Grady, IS&S

Tip 1: Empty the Deleted Items folder

- Use the **Empty the Deleted Items folder upon exiting** setting to automatically delete messages. (To get to this check box, click **Options** on the **Tools** menu and click the **Other** tab.)
- Select the check box for **Empty the Deleted Items folder upon exiting and click Apply**

Every time you delete an e-mail message, it goes into the **Deleted Items** folder. This folder can grow quickly, so you need to keep cleaning it out. Since you probably intended to get rid of deleted items in the first place, permanently tossing them out is a painless way to cut the bulk.

You can specify when and how you want your **Deleted Items** folder tidied up: You can tidy up automatically every time you quit Outlook, or do it manually whenever you like.

Tidy automatically - Select a check box, as described above, and your mailbox will be trimmer in no time.

Tidy manually - If you prefer to have more control over when items are dumped from **Deleted Items**, you can empty the **Deleted Items** folder manually with a simple right-click on the **Deleted Items** folder and then Empty "Deleted Items" folder, or you can use the **Mailbox Cleanup** dialog box. Are you noticing a pattern for this Mailbox Cleanup tool? It's a great resource for cleaning things up

Tip 2: Save attachments outside the mailbox

- Save attachments to a location outside your mailbox by clicking the **Save Attachments** command on the **File** menu. This command is available when you have an e-mail message open.

Attachments can take up a lot of space. If you don't need to store them in your mailbox, don't. Instead, use the **Save Attachment** command on the **File** menu and save the attachments to some convenient location on your hard disk. Once you've saved the attachment, you can delete the message (if you don't need it anymore) or you can right-click the attachment icon and click **Remove** to keep the message but remove the attachment.

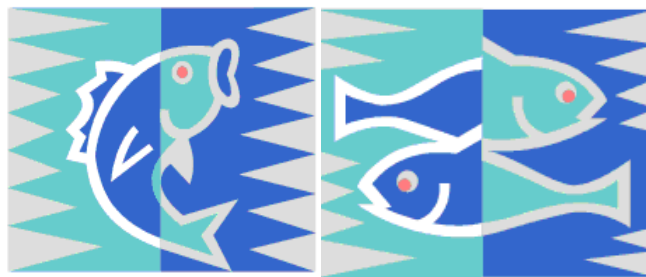
Tip 3: Archive the Sent Items folder regularly

- Archive messages that are stored in the **Sent Items** folder regularly.

Tip 4: No response is the best response

- Don't respond to unsolicited e-mail messages. Throw them away.

Don't respond to junk messages or chain letters. Also, don't click links within this type of e-mail that say things such as "Click here to remove yourself from this mailing list." When you respond or click these "remove me" links, you're letting the sender know that there's someone at home at your e-mail address, and you're likely to encourage more of this type of junk e-mail.



Fish Recall

The fishes have swum their last river.....Could all fish please swim home with the name of the last person who had it attached to it, so that person can get credit? Staff Council will then be permanently awarding the fish to the people who had the fish the most times to recognize their outstanding qualities. Everyone can return the fish to CC010K (the Staff Council Office) after 2:30 p.m. or bring them to Judy DeMarino in UC107 from 9:00 - 2:30 pm by December 21. Thank you everyone for your cooperation during Staff Council Executive Committee's Fish Campaign.

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You'll Shoot Your Eye Out!

Submitted by Richard Pasky

Ah yes, the immortal line from the holiday classic *A Christmas Story*, filmed in Cleveland. Well, it seems that I had a wish for a similar gun, only recently. My favorite toy as a pre-teen was a **Mattel Burp Gun**. This marvelous weapon of mass (pretend) destruction is a cap gun that will shoot an entire roll of caps in a single burst of noise and stinky smoke. I simply loved it. The toy burp gun replicated the "grease gun" machine gun (officially the M3) used in WWII. (A vet friend recently told me that the real M3 grease guns used in Vietnam had Mattel labels on the housings, something the GIs thought was pretty funny.)

To appeal to all boys in the mid 1950's, Mattel developed several models of machine gun toys. One was patterned after the Thompson submachine gun, affectionately nicknamed the Tommy gun, and another was called the Thunder gun which made thunderous noises, but did not shoot caps. The Tommy gun was only available with a crank, like in Jack-in-the-boxes and cranking didn't appeal to me. My old burp gun had a windup spring that allowed me to pull the trigger quickly for single shots, or hold it to peel off a whole roll of caps. What a great toy it was! If only they were available now, for my second childhood, AKA retirement!

Over the past three years in my eBay search for the Burp Gun, I've been outbid maybe 6 times, not including one "never used" (from Put-in-Bay of all places) which was in the original box and had an asking opening bid of \$250. I never even tried for that one. I learned there was a crank model of my gun, as well as a model with a stubby stock, similar to the Uzi used today in action movies. This summer I eventually found an Uzi model needing some repairs. Even though it wasn't my exact model, I went for it and won, bidding only \$52. Most of the windup grease gun models with wire stocks went for well over \$100. Maybe this winter I'll get around to working on it so it will actually shoot real caps.



About 5 years ago, I discovered eBay after scrounging garage sales in search of old Golden Nature Guide books from the 1950s. I still owned my childhood 160-page copies of *Trees*, *Birds*, and *Mammals*. I discovered that there were many others, after seeing several at garage sales and my book collecting began in earnest. After doing some online research, I learned that there were 84 different Golden Guides published up into the 1980s! I was flabbergasted, but decided I needed all of them. A cool website, <http://www.vintagepbks.com>, has a list with photos of every guide, as well as some great, cheesy pulp fiction covers from the 40s-60s.

On any given day, 100-150 Golden Guides are for sale on eBay. Over the years I slowly completed my collection, ending in 2006 with the acquisition of the Holy Grail – *The Golden Travel Guide to Italy* from 1955. I had been outbid on this one in last-second frenzies more than once, but finally went "all in" to win, so to speak. Another famous Golden Guide is *Hallucinogenic Plants* which is less costly than the Italy guide but has been removed from school libraries over the years for obvious reasons. I have also supplemented my beer label collection from eBay, winning some now-extinct Old Dutch labels. I also have unsuccessfully tried to buy a mint condition 1950s Nokona 1st baseman's mitt that I used in Little League. Everyone can find a lot of childhood memories on eBay that you thought were gone forever.

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NaNoWriMo? Or 50,000 Words in 30 Days

Submitted by Peggy Nesbit

I have always loved stories, listening to them from relatives, making them up while playing with dolls and stuffed animals, or reading them. For a kid with dyslexia and a serious lag in learning to read, I didn't really realize that what I really wanted to do was write stories until I was in about 5th grade. My goal in life is to write novels and get them published. I love working in the Bookstore but I love writing even more and I've been trying to get through a novel since grade school.

But sometimes life seems to get in the way. Though I have boxes of story ideas and half-written work, beyond a few short stories done for classes, I've not really ever finished anything that I felt comfortable sending to an editor or agent. Call me a chicken but anyone who creates knows there's a monster called failure and his brother rejection just waiting to pounce on you. Scary stuff!

Last year my nephew (also an aspiring novelist) told me about this website that hosts a writing contest every November. A guy in Oakland, CA named Chris Baty came up with the idea of challenging writers all over the world to write 50,000 words (approx. 175 typed pages) from Nov. 1 through midnight Nov. 30. He began the National Novel Writing Month (NaNoWriMo) in 1999 in the San Francisco Bay area and it's only grown since then.

This year over 100,000 writers in over 70 countries, including myself, started writing a novel on November 1. I chose to write a fantasy ala Ursula LeGuin, Anne McCaffrey and Sharon Shinn but had a number of story ideas from a variety of genres—mystery, science fiction, paranormal, romance, historical—from which to choose. I started out slow and only had 13,000 words by the middle of the month. But by 8:30 p.m. November 30, I submitted my manuscript to the website's word counter and had a total of 50,480 words of a novel! *I was/am a winner!!*

As of December 1, there were 15,334 "winners" who had written over 50K words. Between all the participants, 1,187,931,929 words were written during the month.

What's the point of writing 50,000 words besides wearing out your keyboard? Lots of writers get bogged down worrying about every little word and trying to write a perfect first draft—all of which would discourage anyone since nothing is ever perfect the first time around. By giving yourself permission to just write and by forcing yourself to keep going, you can just let go and not worry about whether an idea you have on page 57 should have been brought up much earlier (foreshadowing) because

you haven't got the time to go back and fix it. You just accept that you'll catch it in the second—or third or fourth—draft.

Did I finish the novel in 50K words? No, it's about 2/3rds of the way done. Will I continue to work on it? You bet. I've learned that sometimes just "going" is as important as ever "getting there."

If you are interested in learning more about NaNoWriMo got to www.NaNoWriMo.org.

New Books from Campus Authors & Local Interest Gifts

Bobbi Holliday (HPER) has a new book entitled *Archives of My Soul: Poems, Metaphysical Meditations, Prayer and Reflections* for \$39.95.

Dr. George Vourlojianis (SS/HS) has a new book entitled *Citizen Soldiers: 107th Cavalry Regiment, Ohio National Guard* for \$16.50.

Carol Cornett (ITMS) of the Cuyahoga Valley Trails Council recommends the *Trail Guide Cuyahoga Valley National Park* for \$15.95.

The Lorain County Sacred Landmarks Initiative is selling note card four-packs of local stained glass windows for \$5/pack. Also available are posters of local sacred architecture.

All are available at the LCCC Bookstore.

Snow Season Reminder

Submitted by Bob Flyer, Director

Physical Plant Services

With winter rapidly approaching we thought we'd send a friendly reminder:

When driving on campus, walking through parking lots, between buildings or walking or running on the loop roads, be aware of snow plows or other snow removal equipment especially when dark. Also please slow down a little to avoid accidents.

When walking or running the loop road, please always wear highly visible and reflective clothing regardless of the season. When walking wear boots, shoe covers or non slip shoes. We do our very best to remove snow from approx. 5 miles of roads and sidewalks and over 4,000 parking spaces.

Please don't leave cars parked over night unless working. They make snow removal in parking lots difficult.

Thanks and enjoy the winter.

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The Recipe File



Tuna, Asparagus and Feta Salad

submitted by Marjorie Martinez-Benson

This delicious salad provides about 3 portions of vegetables - a generous start on the daily recommendation of 5-7.

Ingredients:

- 2 cups romaine lettuce torn into pieces
- 1 Roma tomato, cut into 8 pieces
- 1/2 cup steamed asparagus pieces
- 1/2 can (3 ounces) white albacore tuna, drained
- 1 ounce feta cheese, crumbled
- 1/2 tablespoon extra-virgin olive oil
- 1 tablespoon balsamic vinegar

Mix the romaine, tomato and asparagus. Add the tuna and feta cheese. Sprinkle with the olive oil and toss to coat. Add the balsamic vinegar and toss again. Serves 1.

Cherry Squares

Submitted by Lisa Hearn

- 1 cup butter (2 sticks)
- 1 cup sugar
- 1 teaspoon vanilla
- 2 eggs
- 2 cups all-purpose flour
- 1 cup nuts, chopped (pecans or walnuts)
- 2 21-ounce cans of cherry pie filling (or 1 can)

Preheat oven to 350 degrees. Combine all ingredients but cherries. Press 3/4th of batter into bottom of 9x13" baking pan. Spread cherries on top. Drop spoonfuls of remaining batter on top of the cherries. Bake for 45 minutes or until top batter drops are golden brown.

Christmas Pudding-English Tradition

Christmas pudding is a steamed [pudding](#), heavy with [dried fruit](#) and [nuts](#), and usually made with [suet](#). It is very dark in appearance - effectively black - as a result of the dark sugars and black [treacle](#) in most recipes, and the long cooking. The mixture can be moistened with the juice of citrus fruits, [brandy](#) and other alcohol (some recipes call for dark [beers](#) such as [mild](#), [stout](#) or [porter](#)).

Source: Wikipedia.com

Sausage & Cheese Rounds

Submitted by Peggy Nesbit

This is one from my college days that I had thought I'd lost, instead I'd given it to my mother.

- 1 pound ground chuck beef
- 1 pound bulk hot sausage (or regular)
- 1 pound Velveeta cheese
- 1 tablespoon oregano, dried
- 1 tablespoon black pepper
- 1 T. garlic salt
- 2 loaves cocktail rye bread

Brown the ground beef and sausage (drain, if needed.) Cut up cheese and add to meat. Add spices and stir until cheese is melted and everything is mixed well. Spread about a teaspoon onto a slice of cocktail rye. Bake in a 350 degree oven until topping is bubbly and serve hot.

Lemon Raspberry Cheesecake Squares

Submitted by Peggy Nesbit

Crust:

- 3/4 cup butter-flavored Crisco shortening
- 1/2 cup brown sugar, firmly packed
- 1 1/4 cups all-purpose flour
- 1 c. uncooked quick or old-fashioned oats
- 1/4 teaspoon salt

Filling:

- 1 12-ounce jar Seedless Red Raspberry jam
- 2 8-ounce packages cream cheese, softened
- 3/4 cup sugar
- 2 tablespoons all-purpose flour
- 2 eggs
- 3 tablespoons lemon juice
- 2 teaspoons lemon peel

Preheat oven to 350 degrees. Grease 9x13-inch baking dish with Crisco and set aside. For crust, beat Crisco shortening and brown sugar together until smooth. Mix together flour, oats, and salt then add slowly to shortening mixture, beating until smooth. Press into the bottom of pan and bake for 20 minutes or until evenly brown. Remove from oven and immediately spread jam over hot crust. For filling, beat together cream cheese, sugar and flour until smooth then add one egg at a time. Add lemon peel and juice and beat until well blended. Pour mixture over jam crust and bake for 25 minutes or until set.