

## WHO MOVED MY CHEESE?

In today's world over half of marriages in the United States end up not lasting. The couple's get divorced and most of the time there are kids involved. I too have gone through this with my parents and their divorce. This is not an easy thing to get through for any family. When I read the book who moved my cheese it helped me get through my struggles in many ways.

Throughout my life as a young kid my family was just like any good, loving family you read about in books or magazines. My mom and dad worked hard to give my brother and I everything they didn't have growing up. My mom was a loving mother and dad was the worker but both my parents were there for us growing up. Around 6<sup>th</sup> grade I woke up and my mom was crying, she never cried so I knew something was really wrong. At first I thought one of my grandparents died but that was not the news. My parents were getting a divorce and my whole life was flipped completely upside down. It never came across my mind that my parents were having problems or would ever get a divorce at that matter.

For Christmas that year I got a funny looking book called "Who Moved My Cheese?" I just thought it was some random book but when I read the book it was about kids dealing with divorce. It starts out with 4 characters and each character deals with the situation of finding their cheese differently. The 2 mice find cheese but when it is gone they quickly go find more in

a different place and basically move on with their lives and it makes them stronger in the end. The two men are so used to the room with their cheese that when it is gone they get very angry and discouraged because they are so comfortable with what they know and that it that the cheese will be there every morning.

After I read the book a realized I need to choose what character I was going to be. Was I going to just sit back and be upset because things changed and my parents were not still together, or do I become a stronger man and move on and adapt to the way my life was going? I had to make a decision. I choose to move on with my life. Even though life wasn't the way I wanted it to be I had to move on and get stronger. i had to be there for my mom, dad, and brother. They had to know I was okay and not mad at my parents.

Life went on, my dad now lives in Parma, my mom still lives in our house with my brother and I. I don't know if she will ever get married again but she is a strong woman. I love my parents very much and even though it took time I eventually got over their divorce. If it wasn't for Who Moved My Cheese I don't know how I would've handled the tough situation. It opened my eyes to a lot of things and made me the better person I am today.