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Your probably thinking as you read the title of the book I chose, how did this book influence the way I live my everyday life. This is one of those books you just cant put down. It made me look at life at a whole different perspective. It really moved me.

Jenny McCarthy talks about in her book about her son, who was diagnosed with Autism. He was only at the age of five, and before this he was perfectly fine. Until one day she took him to get vaccinated, and later on realized her son had been having seizures. Her son Evan nearly died from them, and she couldn't figure out why he was having these. Jenny fought so many doctors regarding the vaccines, and not one would help her. They told her there was nothing she could do. She started looking on the internet and started to Google so many different things. She found info on vaccines and immune systems. She claims if children have a weak immune system, and or are sick at the time, shouldn't be getting any type of vaccine. Jenny later found out her son was autistic. There really is nothing you can do about this disease, but help your child through it. Jenny is trying to fight to have autism insured by medical plans because no insurance covers Autism. After reading this whole story on what she went through, she is one of my hero's. She is very courageous to stand up for her son and herself, especially to different doctors, and different people.

This book made my outlook on everything in life so much different. It made me realize how lucky of a person I am to be healthy. Not one of us know what people go through with children who have autism. Everyone of us worry about little things that don't matter. I see lots of kids who are diagnosed with this disease, they are just the same as everyone else. It hurts me to see people stare at them, or stare at a mother or father trying to take care of them. What I mean by this is, like in the grocery store, your child is making noises or screaming loud. People just stare and point, but they have

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no idea what is wrong with your child, and what you have to go through. One out of one hundred and fifty children are diagnosed with autism every year, and its most common in boys. That's very scary if you look at that number.

To many people care about themselves way to much these days. This book honestly made me look at myself so differently. I'll admit I complain about so many things and, wish I had this or wish I had that. Its not worth it, I realized I should be happy with myself no matter what, I am a healthy living human being, who gets to do so many things that people with this disease cant. I am happy that life I have, and I'm so thankful for the things I have. No more looking on things I wish I had. I hate seeing kids who have autism, because it hurts me inside. It makes you think, why? Why them, and not me?

After I read this book, I looked up on the internet about autism. By reading all this information, it makes me scared to have kids some day. We as people don't know what's in the vaccines doctors are giving to peoples children these days. I have so much respect for everyone out in this world who has a child with autism. They have to put all there effort into helping their child become better then they could be. I myself just wanted to tell everyone to just stop, and remember that life is a beautiful thing. We are very lucky to be living our own lives. We should be thankful for everything we have, and to stop taking life for granted. Everyone in this world is the same, we are all human beings, but we all just have different problems. So next time if you ever see a child or anyone else with something wrong with them, don't stare, just say a prayer for them and their families, because we have no idea what they are going through. Live your life to the fullest everyday, you never know what could happen. Always smile, and be thankful for having this beautiful thing called life.