

AFHC06

The world being full of influence it is sometimes hard to make the right choices in life. After making a number of wrong choices, I decided I needed help making better choices so I turned to the book of life The holy Bible. As I read and learned, I became optimistic and began to apply this book to my everyday living. Getting rid of the worthless and focusing on what was real. I also found my true self; I no longer looked for validation from others. With this book I found courage and the fortitude to start building a better life for myself and those who looked to me to be their strength. The words in the bible became a part of my life. And though I have read many other books, none captured my attention like the bible. I often go to the bible for enlightenment because as we know, dealing with life on lifes terms also brings on things we don't understand which can be hard to deal with. So in times like these reading my bible gives me better insight and it also helps me to keep an open mind.

This awesome book has brought me through adverse situations and has helped me rise above the victim attitude and start to approach life differently and to expect change to take place in my life. Not to mislead anyone I still have problems in my life but today I'am better able to deal with the problems I face

For example I turned to the book of Isaiah chapter 1 verse 19 which read "if you become willing and obey me, you will eat the best from the land; but if you rebel you will be devoured by the sword". Readings like this became encouragement to me and helped with my choice making. Instead of doing what I had always done and getting what I've always got. Truly at times I felt I was being devoured; devoured by my own bad choices. I could go on but this comforting book reassures me adverse situations and repercussions of bad choices shall too pass. By following a different path I could expect

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Different results. Life continues to move on and we faced with life as it continues to  
Give us everyday choices however big or small we all would like to come as close to  
Making the best choice possible. And to do that the bible has become my best resource  
Of guidance which has led to so much more; positive goal setting, positive attitude a total  
Positive change in my life. And with this I hope to help others who are struggling  
And wish to make better choices and change come about in their lives.