



# LCCC Athletics Update

February 29, 2020

## Men's Cross-Country Team Earns National Academic Award OCCAC All-Decade & Scholar-Athletes Honorees Announced

**ACADEMIC HONORS** - - Several Commodores earned academic accolades for the Fall 2019 semester. Headlining the group was the Men's Cross Country Team as they earned their third consecutive NJCAA Cross Country Coaches Association Team Academic Award with an amazing 3.606 team GPA. Four runners also earned individual NJCAA Cross Country Coaches Association Scholar All-American nods...Justin Below, Jason Molek, Henry Haas, and Samantha Glass.

Fourteen athletes were honored with OCCAC All-Academic Team awards, including four that had perfect 4.0 GPA's...Justin Below, Jason Molek, Samantha Glass, and Lydia Solak. Ashley Elliott, Derek Yahnke, Haley Sprouse, Henry Haas, Ian Hamilton, Jacob Marsh, Kelsey Simmerly, MacKenzie Glass, Myah McDonald, and Wynston Johnson also earned places on the All-Conference Academic team.

**OCCAC ALL-DECADE TEAMS** - - LCCC recently had three former Commodores named to the OCCAC All-Decade Teams in women's basketball and volleyball. Christa Wodarczyk was an NJCAA DIII Third-Team All-American and the only LCCC women's basketball player to earn that honor in program history. Current Assistant Volleyball Coach, Kady Whitsel, as well as teammate Gabby Woods were recognized as members of the OCCAC All-Decade Volleyball Team. Both earned All-American honors during their LCCC careers and nearly led the team to a National Championship, losing a five-set heartbreaker in the NJCAA Division III Championship match in 2014.

**BASKETBALL** - - Both teams wrapped up their seasons with losses in the NJCAA Region XII Semi-Final Basketball Tournament. LCCC's women lost to Owens CC in the final seconds in their upset bid of the Express. LCCC's men lost to top-ranked and OCCAC Conference Champions, Columbus State CC.

Vanecia Billings wrapped up an outstanding rookie campaign, earning two OCCAC Player of the Week nods and leading the women's basketball team in several categories. She had 17 double-doubles on the season and double-digit rebounds in 21 of 26 games, ranking her sixth amongst NJCAA DIII players with 326 total rebounds this season. Her 12.7 RPG ranked her 17<sup>th</sup> nationally and she ranked 29<sup>th</sup> nationally with 33 blocked shots over the season.

### UPCOMING EVENTS

<b>SUNDAY</b>	<b>MARCH 15</b>	<b>BASEBALL vs SCHOOLCRAFT @ Sprenger Stadium</b>	<b>1:00 PM</b>
<b>SATURDAY</b>	<b>MARCH 21</b>	<b>BASEBALL @ Hiram College JV</b>	<b>12:00 PM</b>
<b>TUESDAY</b>	<b>MARCH 24</b>	<b>BASEBALL vs LAKELAND CC @ Sports Force Parks</b>	<b>2:00 PM</b>
<b>WEDNESDAY</b>	<b>MARCH 25</b>	<b>BASEBALL @ Owens CC</b>	<b>2:00 PM</b>
		<b>SOFTBALL @ Butler CCC</b>	<b>3:00 PM NJCAA Cross Country Coaches</b>