

# So You Want to Be an Educator

## LCCC Career Exploration Podcast

Music:	<a href="#">00:00</a>	[Music Intro].
Lisa Augustine:	<a href="#">00:03</a>	I started off in nursing at Kent state and I realized after I saw a little baby on an operating table or an elderly person who passed away during my shadowing experience that I just , you know, I'd rather go the preventative
Music:	<a href="#">00:16</a>	[Music ]
Hope Moon:	<a href="#">00:19</a>	A lot of people think they want to come into nursing. A lot of people saying, Oh, nursing, that's a great job. There's lots of jobs. I'm always going to have a job. And what we found, were people come in and they're not quite sure this is what they really wanted to do. I had a nursing student who worked very hard to get into the program. She walked in my office and said, I'm withdrawing. I didn't know I had to touch people. , [Music]
Janet Maltbie:	<a href="#">00:47</a>	From the campus of Lorain County Community College, this is the career exploration podcast on LCCCradio.com, the Boom. I'm Janet Maltbie. We explore careers, college majors, and more so you can be a success here on the LCCCC campus and beyond. I'm a career counselor and I believe completing a degree, pursuing passionate work and debt free living is key to your future. I'm here to help you on that journey and so are my guests.
Janet Maltbie:	<a href="#">01:11</a>	[Music].
Janet Maltbie:	<a href="#">01:14</a>	Today on our program is Dr. Hope Moon and Dr. Lisa Augustine and our topic of conversation is, "So you want to become a nurse or a healthcare professional" through Lorain County Community College. Hope Moon is Professor of nursing and coordinator of the Lorain County Community College and Bowling Green State University Partnership at LCCC. We'll be hearing more from her later in this program. Lisa Augustine is Interim Dean for the Health and Wellness sciences division at Lorain County Community College since 1997 she's been a professor and program director for the health physical education and recreation department at LCCC. Lisa earned her bachelor's and master's degree in exercise physiology from Kent state university and her PhD in higher education through the

University of Toledo. Lisa Augustine is an exercise physiologist with over 20 years of experience working in corporate fitness, cardiac rehabilitation, health and wellness centers, and higher education. Welcome to the program Dr. Hope Moon and Dr. Lisa Augustine.

- Lisa Augustine: [02:15](#) Thank you.
- Hope Moon: [02:15](#) Thank you,
- Janet Maltbie: [02:16](#) Lisa, we'll start with you. Many people who come to the LCCC campus are interested in nursing and we'll let Hope Moon speak more about that later in the program. But there's a lot more to offer here than just nursing. Can you talk about some of the preventative health care programs offered here at LCCC?
- Lisa Augustine: [02:32](#) Yes, of course. We have things such as short term certificates and personal training, health and wellness coaching and promotion and group exercise instructor. Those three are stackable certificates that lead to an associate of applied science degree in sport and fitness management, which then is a pathway to our three plus one with the University Partnership where students could actually start off short term and lead to a four year degree in exercise or sports study through the university of Akron
- Janet Maltbie: [03:00](#) Is there a long waiting list for those things?
- Lisa Augustine: [03:02](#) No, there is not. We take students without any formal type of interview or application process other than what the college traditionally has. So it's a great option for students who are sort of exploring the health and wellness careers. In addition, there is high demand. The last certificate I'd like to talk about is the Activities Director where there are eight full time jobs right now here in Lorain County that are open. And so any skilled nursing home or rehabilitation center needs to have a credentialed Activities Director. So it's not just play bingo and have a couple of stretches they are doing. Stress management, nutrition counseling exercises, programming for not only the mind but the body and soul. So that's another great area for the students.
- Janet Maltbie: [03:49](#) And that is a short term certificate?
- Lisa Augustine: [03:50](#) Correct.
- Janet Maltbie: [03:51](#) Or is it a degree?

Lisa Augustine: [03:52](#) It is a short term certificate. It's just one year.

Janet Maltbie: [03:55](#) One year. So basically about two semesters?

Lisa Augustine: [03:57](#) Correct.

Janet Maltbie: [03:58](#) Okay. And does it involve a lot of math in that?

Lisa Augustine: [04:01](#) It does not.

Janet Maltbie: [04:02](#) Okay.

Lisa Augustine: [04:03](#) And I'm also proud that Jennifer Krupa, who's the instructor is also the author of the book that they use nationally. So other schools in the, in the country utilize and adopt her book.

Janet Maltbie: [04:14](#) Okay. Personal trainer. Let's talk a little bit about that. Okay. Um I hear that that one is a little bit more rigorous.

Lisa Augustine: [04:21](#) It is, that's something that we prepare students to sit for a national exam. So we have many students who start off in that field and then they go and self study and take the exam on their own. So when they come back and say, wow, that was wonderful, but I want to go to the next level at the club, recreation center, fitness center. Um they realized they need that degree and so that's where all their course work will help them to the ones I spoke about earlier.

Janet Maltbie: [04:45](#) Okay. And then we also have a two year degree in sports fitness management, correct?

Lisa Augustine: [04:50](#) Correct.

Janet Maltbie: [04:51](#) Ah, can you talk a little bit about that one?

Lisa Augustine: [04:52](#) Sure. Our students who earned that two year degree go on to work at the YMCAs the different local recreation centers in the city. Some then do go on to cardiac rehab, which you would need the nursing for or an advanced degree, but they're highly employed. There's a lot of part time work but not a lot of full time work. And I'm very transparent with the students and full disclosure that in order to have that full time degree, that's where we like to refer to the Activities Director because they're in such demand.

Janet Maltbie: [05:21](#) Okay. And that is full time work.

Lisa Augustine: [05:23](#) Correct.

Janet Maltbie: [05:23](#) Yes.

Lisa Augustine: [05:24](#) The Activities Director

Janet Maltbie: [05:25](#) So, when people are interested in the health sciences. Okay. Especially in the programs that you're talking about here, what type of of student does really do well in these types of programs?

Lisa Augustine: [05:35](#) You have to be a people person and it doesn't matter if they're introvert or extrovert because we definitely have clients who want both. They have to be willing to be approachable, knowledgeable and stay up to date with all the trends that are emerging in the field. Because you know, if you have a phone or access to the internet, everyone wants that get rich quick. They also want the get skinny, get fit, get muscular without having to do a lot of efforts. So the students had to be well versed in Anatomy and Physiology as well as nutrition and stress that they can do a comprehensive program, not just the working out piece.

Janet Maltbie: [06:07](#) So they're usually students that like working out. I had imagined in that they're also, there's that key component of nutrition as well.

Lisa Augustine: [06:16](#) Correct? Correct. So in the personal trainer we have nutrition and weight management, which they could earn a certificate if they wanted to take the test through American council on exercise. But we also get a lot of students who like to take it for personal enrichment so that they can practice what they preach because so many times people just think it's the working out or drinking water when in reality it's what you're putting into your body that is just as important.

Janet Maltbie: [06:39](#) Okay. How did you get interested in this field?

Lisa Augustine: [06:42](#) Well, funny you should ask. I started off in nursing at Kent State and I realized after I saw a little baby on an operating table or an elderly person who passed away during my shadowing experience, and another person who was just a few years older than me, had more tubes and, and things prodded in her body that I just saw, you know, I'd rather go the preventative route. So heart disease is prevalent in my family. And so I became a fitness specialist and then I realized that I did want to work in cardiac rehab, so I stuck around at Kent and earned my Masters

so that I could help people prevent second and third heart attacks and then also be a good role model for you know, my husband and my children. And so that became a passion of mine to prevent things.

Janet Maltbie: [07:22](#)

Yeah. How long have you been teaching at the college?

Lisa Augustine: [07:24](#)

I've been here since 97 and took a year break and then ran the fitness center for the internal revenue service and the IRS up in Detroit. And then my husband and I got transferred back here. So that's when I became professor and program coordinator for the degrees. I also run the high and low ropes course too, which is part of our degree. And I throw that in for a shameless commercial, but it's also part of our program because you need to have trust, communication, leadership skills for all of those areas that I articulated before. And so that's a great way to sort of step out of your comfort zone, whether it's, you know, our low ropes course or climbing up the rock wall or the telephone pole course. You learned something about yourself when you're in a scary situation and I equate that back to your original question, you know, what motivated you to be in the field? It's scary. It's scary to get into a weight room and it's intimidating when you think you have to be, you know, a certain look. And so we're trying to break all those barriers down and be very approachable so that we can help the greater community.

Janet Maltbie: [08:20](#)

Yeah. So you've been teaching here for awhile, you've gotten to know a lot of students.

Lisa Augustine: [08:25](#)

Yes.

Janet Maltbie: [08:26](#)

Does any student come to mind that has really shined in one of these programs?

Lisa Augustine: [08:33](#)

Yes. In fact one of the benefits here at Lorain County Community College is that faculty can take classes for part of their benefit as a fee waiver. And we actually had somebody who was an employee who just took a class for self fulfillment and learned how to eat better and diet and through through that program became very motivated and became a certified personal trainer, lost a hundred pounds and then just became an inspiration to her colleagues as well as others. And it was just amazing to see the transformation, not only from the physical aspect but just mentally and she just exuded positivity and energy and, and her smile was contagious. And, and that was truly an aha moment for me to see that light bulb, just that little switch. And, and now it changed her life forever.

- Janet Maltbie: [09:20](#) And that happened for a staff person here on the campus. But there's also some wellness services available for students as well too. Can you talk about those?
- Lisa Augustine: [09:29](#) Yes. Every student who is enrolled in classes, so even if it's someone listening to this podcast who's taking a 5C or an 8B late, start the moment they enroll, they have access to our fitness center. So all they have to do is fill out a medical history and a waiver. And then they can work out for free. Whenever we're open. We also have a field house. A track that's an eighth of a mile around. Students can also do our Christie's classes, which are donation based. You don't have to sign up, register anyone 13 and up. So not only our students but people in the community. So what a great way to get somebody sort of interested in coming to the college through fitness and wellness. So that is something we offer. You can check out our website, just type in Christie's classes. And then we also have gymnasium hours where people can shoot basketballs and, and do tennis or volleyball both in the gym and the field house. So it's a great way to sort of kill time, release some stress, make some endorphins and work on your health and fitness in between your cognitive classes.
- Janet Maltbie: [10:26](#) Yeah, that's good. I've noticed that there's some indoor walking areas correct isn't when the snows of winter come you can get your steps in and still be active here on the campus.
- Lisa Augustine: [10:39](#) So in fact, if you go from the HPE, our welcome desk through the BU corridor up to student life and back, that's a half of a mile and in between along the hallway you'll see an indoor par course, which is a total body workout that you can do anytime, anywhere, no equipment needed. And so we really encourage students to do that if maybe the fitness centers closed or they just forgot their gym clothes and just wanted to do a nontraditional workout. So it's something for the community as well as the students.
- Janet Maltbie: [11:04](#) Okay. Thank you so much Lisa for sharing with us today. If you're interested in becoming a healthcare professional or interested in the health and wellness programs here through Lorain County Community College, but are not sure what direction to take, please call (440) 366-4033 and asked to speak with an Allied Health advisor. They can help you choose a career that's right for you and help you chart a course for success here on the LCCC campus and beyond. Next on our program we'll be discussing the nursing program with Dr. Hope Moon. Don't go away. We'll be right back.

Janet Maltbie: [11:40](#) [Music]

Janet Maltbie: [11:45](#) Welcome back. If you're just joining us, you are listening to the Career Exploration Podcast on LCCC radio.com the Boom. I'm Janet Maltbie. We just finished speaking with Dr. Lisa Augustine who discussed career options in preventative healthcare. Next we'll be speaking about nursing and other health care professions we offer here on the Lorain County community campus` and beyond. It's all here right now on college radio. Heard round the world LCCCradio.com, the boom

Janet Maltbie: [12:13](#) Music

Janet Maltbie: [12:19](#) A lot of people think they want to come into nursing. A lot of people saying, Oh, nursing, that's a great job. There's lots of jobs. I'm always going to have a job. And what we found were people come in and they're not quite sure this is what they really wanted to do. I had a nursing student who worked very hard to get into the program. She walked into my office and said, I'm withdrawing. I didn't know I had to touch people and I'm like, okay I don't know what television show you are watching but you sometimes just have to touch people where they don't like to touch themselves. So this may not be a field for you.

Janet Maltbie: [12:49](#) Music

Hope Moon: [12:52](#) So we have what we call, you know, direct caregiver programs and then we have what we call diagnostic programs where you can still be in health care and you can not necessarily be in the trenches and still play a major role in providing care to patients.

Janet Maltbie: [13:10](#) Music

Janet Maltbie: [13:15](#) Dr. Hope Moon is Professor of nursing and coordinator of the Lorain County Community College and Bowling Green University Partnership at LCCC. She received her doctorate in nursing education leadership from Case Western. Reserve University in 2016 she was the recipient of the Dean's legacy award from Case Western. Reserve Reserve. University. She has taught in all levels of nursing education from practical nursing through graduate education and has 25 years experience in health education administration. She developed a dual enrollment model at LCCC with the University of Akron, which provided for Lorain County residents the opportunity to earn a short term STNA certificate through a Masters degree in nursing without leaving the County. Welcome to the program, Dr. Hope Moon.

Hope Moon: [14:05](#) Thank you for having me.

Janet Maltbie: [14:06](#) You're a busy person.

Hope: [14:07](#) Oh yes.

Janet Maltbie: [14:09](#) How'd you get into the nursing profession?

Hope Moon: [14:11](#) I grew up two and a half blocks from St. Joe's hospital in Lorain and all of my childhood friends, mothers were nurses. So I literally grew up in the hospital. I just, I knew I wanted to be, I wanted to be there. I wanted to take care of patients. It fascinated me. My friends, mothers books I got, they let me read them. So I just knew from early on I wanted to be a nurse.

Janet Maltbie: [14:35](#) Okay. And how did you make the jump from bedside nursing to becoming an educator?

Hope Moon: [14:42](#) I did my undergraduate education at Kent. State and I had some dynamic faculty there and I knew from day one that I think this was my career path. I'm a very atypical girl. I love math. I was raised in a house full of boys. So I love math and I thought, well, if nursing doesn't work out, I'd be a math teacher. And I thought, well, I can teach nursing. I could have the best of both worlds. So I knew right from the time I started to be a nurse that I eventually wanted to become one of those dynamic educators to inspire people because they inspired me.

Janet Maltbie: [15:17](#) Not all, not all people that go into nursing want to be teachers.

Hope Moon: [15:21](#) No, they don't. It it, it takes a lot of patience and it, it, it's, it's a different calling and it's, that's the nice thing about nursing is there's all different areas you can work in. And I was a pediatric nurse, I worked with children and everybody would say, Oh my God, I don't want anything part of them. And I'm like, I would rather be with the kids than with the adults. So it's like you, you can find your niche.

Janet Maltbie: [15:40](#) Yeah. So there's a lot of opportunities in nursing. I think that's one of the reasons why so many people are interested in the nursing field. It helps too, that there's jobs.

Hope Moon: [15:49](#) I just recently learned while I was on a conference in Houston last weekend, that the anticipated nursing shortage in 2025 is going to be a half a million nurses. So there is a, there is a demand. Ubut nursing is not for everybody. Nursing is a job that you're in the trenches. It's a thinking person's job. Um most

people come in thinking, I, I can get a good job, I can get great hours, I can get good pay and I just do what the doctor tells me to do. And that is not the case. The nurse is totally responsible for the patient and you're always thinking, you're always having to make decisions on patients. And sometimes students come into the program and realize that and they're going, this is not what I want to do. I don't want that level of responsibility.

- Janet Maltbie: [16:35](#) And also the length of time that it takes to train to become a registered nurse.
- Hope Moon: [16:41](#) Correct.
- Janet Maltbie: [16:41](#) It takes time. And some people, they're just not ready to make the right kind of a time commitment. Can you talk about some of the short term programs that we have available here that's not nursing but still allows people to get into the healthcare industry?
- Hope Moon: [16:55](#) Right. We have a one year certificate in phlebotomy and those are the people that draw your blood. That is a great starting point. If you're in, if you're thinking you want to get into the healthcare field, it is a little bit of a direct caregiver. So you're actually working with patients. You can't be afraid of needles and you can't be afraid of blood. That also can lead into a another two year degree in clinical lab science. We have a short term certificate in emergency medical technician basic. That's a one semester course. Those are the individuals who transport patients from nursing homes to have tests done at a doctor's office. That can lead to a one year certificate as a paramedic where you're actually working on an ambulance and responding to emergencies.
- Janet Maltbie: [17:44](#) Um within that one also can lead to.
- Hope Moon: [17:47](#) Registered Nursing
- Janet Maltbie: [17:47](#) Registered Nursing.
- Hope Moon: [17:48](#) We have advanced placement program for paramedics to become nurses. And if you're thinking of nursing, you can do a three to five week state tested nursing assistant.
- Janet Maltbie: [17:58](#) And that's called the STNA.
- Hope Moon: [18:00](#) That's an STNA you become licensed in Ohio and you can get jobs and they are employed in longterm care facilities. They are

employed in these outpatient clinics like the Cleveland clinic, University Hospitals has. You can work in hospitals that can then lead to a one year certificate in licensed practical nursing. Those individuals primarily work in longterm care. And then we had an advanced placement program for licensed practical nurses to get their registered nursing. So if you can't commit the two to three years to get your registered nursing from the beginning or you're not quite sure, this is what you want to do. Doing the STNA first, then the LPN and then doing the RN is a good, is a good pathway.

- Janet Maltbie: [18:38](#) We're going to talk about the requirements for the RN program in a bit, but the STNA is part of that. Those requirements, right.
- Hope Moon: [18:47](#) STNA is an admission requirement for both the registered nursing program and the licensed practical nursing program. So it's not a waste of time or money if you're thinking that that's the pathway you want to take.
- Janet Maltbie: [18:58](#) That's new.
- Hope Moon: [18:59](#) Yeah. That, that went into effect in just this past year.
- Janet Maltbie: [19:03](#) And what was the reasoning behind that?
- Hope Moon: [19:05](#) Well, again, to your point earlier, a lot of people think they want to come into nursing. A lot of people saying, Oh nursing, that's a great job. There's lots of jobs. I'm always going to have a job. And what we found were people come in and they're not quite sure this is what they really wanted to do. I had a nursing student who worked very hard to get into the program. She walked in my office and said, I'm withdrawing. I didn't know I had to touch people. And I'm like, OK I don't know what television show you were watching, but you sometimes just have to touch people where they don't like to touch themselves. So this may not be a field for you. So we have what we call, you know, direct caregiver programs and then we have what we call diagnostic programs where you can still be in health care and you can not not necessarily be in the trenches and, and, and still, uplay a major role in, uproviding care to patients.
- Janet Maltbie: [20:00](#) Okay. So the STNA program really gives person direct care experience.
- Hope Moon: [20:06](#) Absolutely.

Janet Maltbie: [20:07](#) In a very short time.

Hope Moon: [20:08](#) Absolutely.

Janet Maltbie: [20:09](#) They can quickly kind of figure out, is this for me or is it not for me?

Hope Moon: [20:13](#) Correct. Correct.

Janet Maltbie: [20:13](#) Okay. We've talked a little bit about the other care that that is more diagnostic. Those are two year programs?

Hope Moon: [20:20](#) Yes. So we have radiology technology that's a two year program and those are the people that take your x-rays. There's a lot of areas developing in that as well because once you get your two year degree, you can go on and get a CAT scan certificate, you can get an MRI certificate, you can get a mammography certificate. So there's lots of areas that you can do that. And again, that's just providing the diagnostic procedure to help the physician diagnose a problem.

Janet Maltbie: [20:48](#) How is that different from the direct care options?

Hope Moon: [20:51](#) You're basically a short term experience with start term time with patients. You have a limited amount of time with patients and you're not necessarily doing sort of the yucky stuff that nurses tend to do.

Janet Maltbie: [21:03](#) The diagnostician, is that how you pronounce it?

Hope Moon: [21:06](#) Diagnostic, medical, stenography?

Janet Maltbie: [21:08](#) No, those, those people that are in the diagnostics?

Hope Moon: [21:11](#) Yes.

Janet Maltbie: [21:11](#) It seems to me, and I could be wrong, but they're working a lot with things. They're working with their hand.

Hope Moon: [21:16](#) And equipment.

Janet Maltbie: [21:17](#) Yes. That's more of the focus, so if you're a person that that likes that. U'm working with tools, machines.

Hope Moon: [21:24](#) And computers.

Janet Maltbie: [21:25](#) And computers.

- Hope Moon: [21:25](#) A lot of it is computers. Yeah. A lot of it is computer based now. A lot of it is computer driven now, so if you like that area and you still want to do something in healthcare, those are the areas. Clinical lab sciences is a big one where you use a lot of machinery in very complex machinery to run tests on and you have to understand how to calibrate them and how to troubleshoot them if they're not working. So clinical lab science technicians are the ones that run all your lab tests and, and again, they have a very crucial job because they have to interpret those lab results and that could be life or death for a patient.
- Janet Maltbie: [22:01](#) Right. The two year programs that are more direct care, dental hygiene, occupational, physical therapy, that's a lot more people oriented.
- Hope Moon: [22:10](#) Correct.
- Janet Maltbie: [22:11](#) Direct care things. Can you speak to those programs?
- Hope Moon: [22:14](#) So physical therapist assistant. Those are the individuals who work under the direction of a physical therapist. A physical therapist will get a referral from a physician for a patient who needs therapy. The physical therapist will write the prescription. The physical therapist assistant actually does the therapy with the patient. So that could be, you know, different types of exercise, weight lifting, stretching. They do a little bit of massage and that kind of stuff to help correct a problem that a patient might be having. Maybe they were injured in an accident or they have back problems and how to strengthen their back problems or they've had shoulder surgery and now they have to give their range of motion back in their shoulder after surgery. So what they have to do. Occupational therapy assistance work under the direction of occupational therapists. What occupational therapists do is they help patients rehab and learn how to do their activities of daily living. How do I cook? How do I clean. How do I drive a car? How do I brush my teeth after I've been in an accident or I have a chronic illness and I can't use, I don't have good function in my right arm and now I have to use my left arm. So it's the same thing. The occupational therapists will write the prescription, the occupational therapy assistant will actually do all of the treatment with, hith the patient.
- Janet Maltbie: [23:38](#) Okay. So a lot of people interaction, there are a lot of touching.
- Hope Moon: [23:41](#) Yes. A lot of touching, but not a lot of gunky yucky touching. Like there's.

Janet Maltbie: [23:46](#) Drawing blood or anything.

Hope Moon: [23:47](#) No, blood. So if you're thinking you want to work with patients and you want to do direct care, you don't want to really delve into things with nursing and you don't want to do blood, this is a good one. Now, dental hygiene on the other hand you that is actually providing preventative dental care to patients. And there is a lot of research now how closely good oral health is related to overall health. There's a high correlation of periodontal disease or gum disease or gingivitis, like you hear on the TV commercials with heart disease and, and they're saying with other chronic diseases cause it's inflammation. So that's what dental hygiene is. Do they clean your teeth, but they also educate you on the things that you need to do to keep your mouth and your gums healthy.

Janet Maltbie: [24:29](#) Now it's interesting that you brought up the dental hygiene because there's only 15 slots available every year.

Hope Moon: [24:36](#) Correct. Because we have 15 chairs in our dental lab for the students to learn on.

Janet Maltbie: [24:41](#) So that is highly competitive.

Hope Moon: [24:42](#) Highly competitive. Our dental hygiene program, our diagnostic medical sonography or ultrasound program is very competitive. Physical therapy assistant, occupational therapy assistant. Those are all and radiology technology, those are all highly competitive programs because we have limited resources to provide the education. With nursing we admit a hundred students because we can put 8 students with a clinical instructor at a hospital with these other programs. It's a one on one. You have to actually be one on one with a faculty member.

Janet Maltbie: [25:13](#) Okay. So those that are highly competitive, I'm assuming that there's waiting lists for those?

Hope Moon: [25:20](#) Well, what they do is you apply to the program and you have to meet the requirements. All of them require a 2.5 GPA except for diagnostic medical sonography requires a 3.0.

Janet Maltbie: [25:31](#) Really?

Hope Moon: [25:32](#) Um some of them have admission tests that you have to pass. You have to come in for an interview. You have to come in for a writing sample. You have to provide that you've had observed in the field and somebody validated that you've gone in and got

your observation hours and then you come in and your interview and the faculty members determine who they feel are the best candidates.

Janet Maltbie: [25:53](#) Okay. So it sounds like each program may have some different requirements. What would you recommend for a student is to come in...

Janet Maltbie: [26:00](#) Come into Enrollment Services, walk in and sit down with an academic advisor and talk with the academic advisor. Let them know which programs you're thinking you're interested in and then they can review all the admission requirements. The nice thing is a lot of the coursework that you have to take for the health career programs are consistent from program to program. Anatomy and Physiology is in every single one of them. So you can start with those courses and then wean way down as you are thinking, do I want to do direct care? Do I want to do more diagnostics? We can even provide an observational experience. If a student wants to come in and sit in a classroom or sit in the lab and see what it's like. Um they just have to contact our division.

Janet Maltbie: [26:40](#) Ok and the advisor can also help them with that.

Hope Moon: [26:44](#) Absolutely. Absolutely.

Janet Maltbie: [26:45](#) The phone number to call to reach an academic advisor is (440) 366-4033. You can call to make an appointment today to make an appointment to see a healthcare advisor. That's the type of advisor that you want to see. We also have bachelor and master's degree programs here on the campus through our university partnership programs. Can you speak to those?

Hope Moon: [27:06](#) Yeah, that's we have three partnership schools that our students can continue on for their bachelor's and their master's degree in nursing. It's Ohio university and Western Governor's University and for the other health careers, all of the other health careers is Youngstown state university, and they provide a smooth career pathway where all your credits count towards those degrees. You can take them here on this campus. A lot of them are, most of them are blended where you're either coming to the campus maybe one day a week or you're doing all the coursework online.

Janet Maltbie: [27:37](#) Right. But you never have to go to Ohio or Bowling Green or any of those other.

Hope Moon: [27:42](#) Only if you want to choose, you went to and we always encourage them to go to for graduation. Yeah, but you've never had to step foot on that campus. They provide academic advisors for all of those programs at the University Partnership. Okay.

Janet Maltbie: [27:54](#) Well, we're going to take a short break and when we come back, we'll talk with Dr. Hope Moon about the nursing profession and the steps you can take if you want to begin your training and education as a nurse on the LCCC campus. We'll be right back.

Janet Maltbie: [28:11](#) Hi guys. Janet Maltbie here. Are you experiencing issues or barriers that are preventing you from completing a degree? If so, I encourage you to come to the ARC located on the first floor of the Bass Library at LCCC. That is essentially a center where students can go, where they will receive that holistic intake.

Marisa White: [28:29](#) The ARC is the Advocacy Resource Center designed to help you overcome barriers, reduce some stress, and get some extra help when life comes at you fast. Recently I spoke with Marisa Vernon White, our associate provost at the college about the art program. The Advocacy Resource Center allows us to connect students to things like food, emergency aid, counseling services, both on campus and out in the community. Things that can help with transportation, maybe getting connected with childcare options.

Janet Maltbie: [28:57](#) So don't go it alone. Find some help at the ARC located on the first floor of the Bass Library at Lorain County Community College. For more information, call four (440) 366-4272

Music: [29:09](#) [Music]

Janet Maltbie: [29:14](#) And we're back. If you're just joining us, we're discussing with Dr. Hope Moon nursing and other healthcare professions you can pursue here on the campus of Lorain County Community College and beyond. Is there any other programs that we missed the last time that we talked before the break?

Hope Moon: [29:30](#) Yes. We, we have a medical assisting program. Very good. Very good. Very huge demand. It's a one year certificate. After you get your one certificate, you can go out and work and get Associates degree either in the clinical side of it or the administrative side of it. Medical assistants are those people that when you go to the doctor's office, they take you back and they do your height and your weight and your blood pressure

and ask the questions about how you're feeling and what kind of medications you're on. Because a lot of care is being driven out into the community. As you can see, a lot of these big outpatient centers, University Hospitals, Cleveland clinic, Mercy Health are all building everywhere. Huge demand for medical assistance. The other program we missed with surgical technology, and again, this is a unique type of program, unique kind of individual because this is the person that's actually at the surgical table assisting the surgeon and and providing the instrumentation and you're actually in the, OR working with the doctor that is a two year program. Again, huge demand. There's big shortage of them. We're constantly being called by the big teaching centers, Metro Cleveland Clinic for more surgical technologists.

- Janet Maltbie: [30:37](#) Okay. So those are two programs that people can be interested in. Again, Anatomy and Physiology is important to the surgical tech. Yeah. But not for the medical assist.
- Hope Moon: [30:47](#) Medical assisting. You take a one course, it's not a lab courses called Body Structure and Function. It's Biology 115 and it's just an overview, a basic overview of Anatomy and Physiology.
- Janet Maltbie: [30:57](#) It's not as rigorous,
- Hope Moon: [30:58](#) Not as rigorous at all.
- Janet Maltbie: [30:59](#) Okay. So let's say that a person is interested in becoming a nurse.
- Hope Moon: [31:03](#) Okay,
- Janet Maltbie: [31:03](#) Okay. And wants to sign up for classes. What's the first thing that that person should do?
- Hope Moon: [31:08](#) They need to come to Enrollment Services and indicate that they are interested in nursing and sit down with the health career advisor. They'll go over all the admission requirements for the program, which are is a 2.5 GPA. They have to have some coursework done and they have to have taken admissions test and we advise them to do the admission coursework first, which is Anatomy and Physiology I, Intro to Psychology and Statistics and then take the TEAS test. And what that does is that's a predictor of are they ready to start the nursing program. Most students can't to handle the rigor of the nursing program. It's very time intensive. So you're in class a couple of days a week. You're in clinical one day a week. You're in lab one day a

week. So we highly encourage them if they're not at home and mom and dad are still paying their bills and washing their clothes, that they get all of the general education coursework required for the program out of the way first and then do all the clinical component. We admit about a hundred students twice a year on this campus. So there rarely is a wait list. It's usually when people are ready to go, they usually can get a seat to get in. But it's best if you work very closely with your academic advisor because they'll work with you to help you determine when you're ready to go.

Janet Maltbie: [32:22](#)

Okay. All right. It's a rigorous program.

Hope Moon: [32:24](#)

It's a very rigorous program.

Janet Maltbie: [32:25](#)

And can you speak to the students that you have known that really do well in this program? What are the elements? What are the, the qualities that they have that, that really makes them successful in these programs?

Hope Moon: [32:41](#)

Know your Anatomy and Physiology very well because that's everything is based on your Anatomy and Physiology. It's applying the material. That is the big barrier that a lot of students have when they enter any of the healthcare programs. Not just nursing, because it's not just learning it, it's applying it. So if you're, if you learn something about the respiratory system. We say, okay, now you have pneumonia. Well, what does that mean for the patient? What are you going to do for the patient? Not that I'm not going to explain back. You don't need to explain back to me what pneumonia is. You're going to have to explain to me now that I know this patient has pneumonia, what as a nurse should I do for that patient? You don't have to be real book smart. You have to have a lot of common sense. If you had a common sense, you'll be successful and you have to be very caring. You have to understand that you're taking care of people. In the worst case scenarios, they are probably going to be in their lives and you need to be a very supportive and you have to sort of develop a turtle shell. I always say you have to develop a turtle shell cause patients and families are going to get frustrated and they're going to take it out on you and it's not personal and you just need to be supportive about them.

Janet Maltbie: [33:44](#)

Right. Is there a particular student that comes to mind to you that, that perhaps the, he or she had some challenges. They overcome the challenges and,

Hope Moon: [33:53](#) Oh we have them on a daily basis. I just ran into a graduate the other night. She was a single mom with three kids at home, working two jobs, had terrible math, anxiety, horrible math anxiety and I, I worked with her and I worked with her and I said, you just have to practice, practice, practice and get over this anxiety. She now is a nurse at the Veterans Hospital in Cleveland and she has won numerous awards and it's just like from when she came where she and she struggled. She struggled so hard and she wanted to quit and we wouldn't let her quit because she just, she had that caring about her and had said she wanted to take care of patients and we knew she could do it. We knew she could do it. She just, we just had to give her a little bit more moral support to get through the math.

Janet Maltbie: [34:39](#) So she needed some encouragement.

Hope Moon: [34:40](#) Yes, yes.

Janet Maltbie: [34:41](#) But also it seems like she was really a persistent person. Persistent and caring.

Hope Moon: [34:46](#) Yeah. She had to step away from the program for a little bit and come back because life happened and she did it and she was very successful. Every students. Every, everybody's got something in their life in which has, the important thing is, is when you enter any of our programs, work with us, work with the faculty will work with you to, to reach your goals. You know, sometimes you're gonna have to step away because life happens and you don't want you, cause you've waited so long and worked so hard to get there. But it's better if you step away maybe for a semester and come back, get that settled down or if there's any other needs that you need. I mean we have the ARC now. We have so many more resources for students that we've never had before and that can help us get the students to the goals that they want i.

Janet Maltbie: [35:26](#) And like we had mentioned earlier earlier before, nursing is not for everyone.

Hope Moon: [35:31](#) No it's not.

Janet Maltbie: [35:31](#) But we have a lot of options here on this campus. So it's, it's a matter of making that fit with the person that you are.

Hope Moon: [35:39](#) Right, right.

- Janet Maltbie: [35:40](#) The strengths that you bring in then to find something that would fit, you're the person that you are, the skill level that you bring.
- Hope Moon: [35:47](#) And work with your faculty because they can, they can see, they can see where your gifts are and help guide you in that direction. I've guided some nurse, I've guided students out of nursing into other health careers and they're very happy.
- Janet Maltbie: [35:59](#) Yeah. Yeah. Cause I know that there are people that they work so hard to get into this nursing profession when they get into it, they realize wow this is not what I thought it was going to be. The great thing about nursing is, is that there's so many different, right. Occupational options available. Right? Like you, you became, you know, an administrator and an educator as well.
- Hope Moon: [36:19](#) Well I, when I came out of school I have an a little bit of an attention deficit problem. I a little bit on the hyper side. So I was a good emergency room nurse but I would get bored, I changed jobs every two years. And what's nice now is a lot of these, a lot of the hospitals are all under one entity. So like the Cleveland clinic or University Mercy, you can go from different, different buildings and you never lose your seniority, you never lose your vacation time, but you can move all different kinds of things. You can inpatient, outpatient surgery, emergency room, you know, nurses work in diagnostics like in radiology. And diagnostics like cardiac catheterizations. So there's, there's so many different things you can do with it.
- Janet Maltbie: [36:57](#) Right? Is there person that in your life that encouraged you in this career path?
- Hope Moon: [37:03](#) It wasn't necessarily in my career path. I think I was sort of doomed to be a nurse because I grew up by the hospital. But my grandmother who was a school teacher and a lot of people on the campus are aware of this, but where Lorain County Community Colleges built was my grandparents' farm. And so I sort of meant to be here. My, I'm, as Dr. Ballinger says, it's the root of the root. This is where I am as I am at where I rootB. And my grandmother was a school teacher who taught at the burns school house there, right on the corner of Burns road and golf road. She used to walk there, but in all of her grandchildren, she instilled the importance of education. And I was very lucky for that because then that came through my parents. And it was, it was an expectation that we all went to college. We could do whatever we wanted, but we would all go to college. So I was very lucky because when I was in high school, I was a counselor

aide. So a lot of my friends went off to the three year nursing schools that didn't get the degree. And he was, he pushed me and said, no, you're going to go get that four year degree. So I was very lucky.

Janet Maltbie: [38:08](#)

So your grandmother was very instrumental.

Hope Moon: [38:10](#)

Very info, very influential on all of her grandchildren and with, we all have college educations.

Janet Maltbie: [38:16](#)

Wonderful. Yes. And they ended up, can you tell the story of how the property was donated?

Hope Moon: [38:23](#)

Well, when in 1960, in the 1960s when the women, I would believe it was a Women League of Voters in Lorain determined that we needed to have a college and they worked on it. And it started off at a, in a school in the city of Lorain where they were first offering classes. And then then when they were seeking property, they were trying to find some type of a centrally located area and they happened to come upon the farms on Abbey Road and my grandparents were in their sixties and they were like, we're going to retire and none of the kids wanted to pick up the farming. And so when they offered to buy it for the college, my grandmother was absolutely we're, we're going to sell this because this is what this needs to be. This needs to be a college, this needs to be a hub of education because that was her passion. It was almost like it was meant to be.

Janet Maltbie: [39:08](#)

And you've continued the legacy of your family of really providing educational opportunities for Lorain County residents and carrying that out through the generations. Hope Moon. Thank you so much.

Hope Moon: [39:23](#)

And thank you for the opportunity.

Janet Maltbie: [39:24](#)

For coming to the program. As a Lorain County resident, I thank you so much for the impact that you've had on students, staff and really the healthcare profession in Lorain County and really Cuyahoga, all the, the counties and probably throughout the United States. So this program has been brought to you by the generous support of Enrollment, Financial and Career Services of Lorain County Community College who reminds you, it's not too late or too early to begin your career journey at LCCC. We invite you to meet with an academic advisor today by calling (440) 366-4033. That number again is (440) 366-4033. You are listening to the Career Exploration Podcast on LCCCradio.com,

the Boom, College radio heard ' round the world. I'm Janet Maltbie. Thanks for listening.