



DONATION LIST



*Lorain County
Community College*

Fruits and Vegetables

Canned Soups-vegetarian
Canned fruits or vegetables
Canned or instant potatoes
Vegetable broth
Dried fruit
Fruit and vegetable Juices

Grains

Dry cereal (boxed or bagged)
Dried Oats/Instant Oatmeal
Cream of Wheat, Malt-O-Meal, or grits
Dried pasta (spaghetti, macaroni, noodles)
Baking mixes (pancakes, breads, bisquick,)
Dried rice or seasoned rice mixes
Dried or instant quinoa

Beans, Legumes, Nuts

Garbanzo beans/chick peas
Dried/canned lentils
Kidney or Black beans
Soy products (shelf-stable tofu, soy milk)
Soybeans
Nuts (peanuts, almonds, cashews, walnuts)
Peanut or other nut butters
Seeds (pumpkin, sunflower, sesame)
Dried soybeans

Meat, Poultry, Fish Protein

Canned/package tuna, salmon, turkey, chicken
Jerky (beef, turkey, chicken) no Slim Jims
Canned or boxed beef or chicken broth

Dairy

Almond milk
Rice milk
Boxed, evaporated or powdered milk

Fats, Oils, Sweets

Jarred jellies, jams, or preserves
Oils for cooking (canola, olive, vegetable)
Jarred salad dressing
Syrup

Personal Care

Toothpaste/brushes
Shampoo/Conditioner
Soap hand/dish
Laundry detergent
Deodorant
Feminine products
Toilet paper

Baby Items

Diapers
Formula
Baby food
Diaper cream
Baby wipes
Teething biscuits
Baby cereal
Baby Shampoo
Baby soap
Baby lotion
Baby detergent
Toddler foods/snacks
New unopened bottles

Child lunches

Fruit or Vegetable Cups/Pouches such as:
Applesauce
Oranges
Peaches
Green Beans
Corn
Peanut Butter Crackers
Peanut Butter and Jelly
Individual packs of Raisins
Crackers (plain, goldfish, etc.)
100% Fruit Juice boxes